



## TEAM-2024-25

### R.I. PRESIDENT

Stephanie Urchick

### DISTRICT GOVERNOR

Tushar Shah

### PRESIDENT

Jai Mistry  
M. 8141357538

### HON. SECRETARY

Vineet Panchal  
M. 98792 74997

### IPP

Sandeep Nanavati

### PRESIDENT ELECT

Kundan Shah

### JT. SECRETARY

Jilpa Sheth

### TREASURER

PP. Bhupendra Jariwala

### DIRECTORS

Alpesh Shetranjiwala  
Meghal Baxi  
Mrunal Kothari  
Rupesh Jariwala  
Umang dalal

### SERGEANT AT ARMS

Nainesh Master  
Rajesh Desai  
Suraj Sagar

### CLUB TRAINER

PP Nimish Mehta

### ADVISORS

PP Nikhil Madrasi  
PP CA Tejas Gandhi

## ROTARY SURAT DHAMAL GALI 2025 : IGNITE, EMPOWER, TRANSFORM!

Date : Sunday, 23<sup>rd</sup> February 2025 Time : 06.00 pm  
Venue : Prime Shoppers to Y Junction, UM Road, Surat.

The Rotary Surat Dhamal Gali 2025 was a power-packed event held on Sunday, 23<sup>rd</sup> February 2025, organised by nine Rotary clubs from the Surat area. With an enthusiastic turnout of around 200 participants, the event featured a dynamic mix of fitness, awareness, and safety sessions, creating a vibrant and enriching experience at Dhamal Gali.

### Event Highlights:



**Seamless Execution:** Commissioner of Police Shri Shri Anupam Singh Gehlot provided unwavering backup support, ensuring the event ran smoothly and efficiently.



**Say No to Drugs Awareness:** PI Shri Choudhury from SOG Cell delivered a powerful session on the dangers of substance abuse, urging participants to make informed choices.



**Cyber Crime Awareness:** Shri Gamit Sir from Crime branch educated attendees on online safety, fraud prevention, and cyber threats, ensuring digital security.



**CPR Training:** Past President Rtn Dr. Prashant Kariya guided participants in life-saving techniques, ensuring they are equipped to handle emergencies.



**Zumba Session:** A high-energy fitness session led by Mrs. Hetal Joshi from Pal Fitness Club and Ms. Ekta Kothari, making exercise fun through dance.



**Yoga Session:** Mr. Krishnendu Sen led a refreshing and rejuvenating session, promoting mental and physical well-being.



**Self-Defence Training:** Rtn O.P. Singh from Rotary Kharach Kosamba trained participants in essential self-defence techniques, empowering girls with skills to protect themselves.



**Anchoring & Games:** Mr. Devang Desai brought a vibrant touch to the event with engaging games and interactive activities.

To honour their valuable contributions, **all session instructors and club presidents** were presented with **mementos**, recognising their efforts in making the event a grand success. **President Jai Mistry, Hon. Secretary Vineet Panchal, and Sgt-at-Arms Suraj Sagar** attended the Dhamal Gali event from RC Surat.

The Rotary Surat Dhamal Gali 2025 was a phenomenal blend of learning, fitness, and community awareness, leaving a lasting impact on all participants.



સુરત-સિટી ભાસ્કર 26-02-2025

### ‘ધમાલ ગલી’માં ડ્રગ્સ, ફિટનેસ પ્રત્યે લોકોને જાગૃત કરાયા

સુરત | સુરત વિસ્તારની નવ રોટરી ક્લબ દ્વારા ‘રોટરી સુરત ધમાલ ગલી’નું આયોજન કરાયું હતું. જેમાં 200 લોકોએ મતદાન સાથે, ક્રિટનેસ, જાગૃતિ અને સલામતીનો મેસેજ આપાયો હતો. આ પ્રસંગે દરેક ટ્રેઇનર અને ક્લબના પ્રમુખોને સ્મૃતિ ચિહ્ન આપીને સન્માનિત કરાયા હતા.



આયોજકોએ કહે છે કે, સીપી અનુપમસિંહ ગેહલોતના સર્પોર્ટથી ઉવેન્ડ સરળતાથી અને અસરકારક રીતે પુરી થઈ હતી. સાયબર કાર્ટમ વિભાગ દ્વારા ઓનલાઇન સલામતી, છેતરપિંડી નિવારણ અને સાયબર ધમકીઓ ડિજિટલ સુરક્ષા સુનિશ્ચિત વિશે જાગૃત કરાયા હતા. SOG દ્વારા ડ્રગ્સના દૂષણ પ્રત્યે લોકોને જાગૃત કરાયા હતા. ઉપરાંત ડૉ. પ્રશાંત કારિયા, હેતલ જોષી, એકતા કોઠારી, કૃષ્ણેન્દુ સેન, ઓપી સિંહ વિવિધ વિષયો પર લોકોને માગ્દર્શન આપ્યું હતું. દેવાંગ દેસાઈએ એન્કરિંગ કરી હતી.



## AMBASSADOR OF GOODWILL

Member of RC Surat attended  
Vocational awards organized by RC Surat West on Sunday, 23<sup>rd</sup> February 2025



Member of RC Surat attended  
OCV of RC Surat Tapi on Monday, 24<sup>th</sup> February 2025



## RC SURAT ROTARIANS SHINE AT LONAVALA

PP Tejas Gandhi and Rtn. Dr. Neeta Gandhi celebrated a significant achievement by completing a challenging 35 km run at the Tata Ultra Marathon in Lonavala. Their dedication and perseverance were evident as they crossed the finish line, showcasing their commitment to long-distance running.



## PAL BAL AANGANWADI : PEOPLE OF ACTION

On **Saturday, 22<sup>nd</sup> February 2025**, healthy meals were distributed to **31** children at Pal Bal Aanganwadi, Sponsored and Volunteered by **Rtn. Deepak Gandhi and Rtn. Purnima Gandhi**



## UPCOMING PROGRAMMES

DATE	PROGRAMME / ACTIVITY
28 <sup>th</sup> Feb.	9 <sup>th</sup> Board Meeting of RC Surat (2024-25)
1 <sup>st</sup> March	Bal Aanganwadi Sponsored by Rtn. Raj Jariwala
7 <sup>th</sup> March	Insights on Stock Market
8 <sup>th</sup> March	Bal Aanganwadi, sponsored by Rtn.

## BIRTHDAY / ANNIVERSARY

### BIRTHDAY

08 <sup>th</sup> March	Rtn. Nainesh Master	19 <sup>th</sup> March	Rotary Partner Sheetal Jalan
09 <sup>th</sup> March	Rotary Partner Sonal Halvawala		

### ANNIVERSARY

29 <sup>th</sup> February	Rtn. Dr. Purushottam & Chandraben Mistry
11 <sup>th</sup> March	Rotary Partner Kirti and Rtn. Tejas Merchant

## THE OFFICIAL ROTARY FLAG

An official flag was formally adopted by Rotary International at the 1929 Convention in Dallas, Texas. The Rotary flag consists of a white field with the official wheel emblem emblazoned in gold in the center of the field. The four depressed spaces on the rim of the Rotary wheel are colored royal blue. The words "Rotary" and "International" printed at the top and bottom depressions on the wheel rim are also gold. The shaft in the hub and the keyway of the wheel are white.

The first official Rotary flag reportedly was flown in Kansas City, Missouri, in January 1915. In 1922 a small Rotary flag was carried over the South Pole by Admiral Richard Byrd, a member of the Winchester, Virginia, Rotary Club. Four years later, the admiral carried a Rotary flag in his expedition to the North Pole.

Some Rotary clubs use the official Rotary flag as a banner at club meetings. In these instances it is appropriate to print the words "Rotary Club" above the wheel symbol, and the name of the city, state or nation below the emblem.

The Rotary flag is always prominently displayed at the World Headquarters as well as at all conventions and official events of Rotary International.

Source : From the ABC's of Rotary  
By Cliff Dochterman, 1992-93 President,  
Rotary International

## ROTARY WASH AMBASSADOR



### An Initiative by RID 3060

Water is life, and saving it is our responsibility!

Join us in the Rotary Wash Ambassador Program this March 2025,  
as we work towards water conservation and a greener planet.

**"We need a lot of BLUE to remain GREEN!"**

**Together, let's make a difference!**

# FROM TIMEPASS TO TOP SKILLS THE MODERN PRODUCTIVITY PLAYBOOK

- ◆ **Endless Scrolling?**  
Nope. Market Research – Analysing consumer behaviour and viral trends, not just watching reels.
- ◆ **Gaming for Hours?**  
Nah. Reflex & Strategy Training – Sharpening cognitive skills and decision-making—just like esports pros.
- ◆ **Binge-Watching Shows?**  
Think Storytelling Mastery – Every episode is a deep dive into screenwriting, character arcs, and narrative structure.
- ◆ **Obsessed with Selfies?**  
It's Personal Branding – A strong online presence is the key to success—visual identity matters.
- ◆ **Online Shopping Again?**  
Nope, E-Commerce & UX Research – Every purchase is a lesson in targeted ads, user experience, and consumer psychology.
- ◆ **Late-Night Netflix?**  
Actually, Global Cultural Studies – Cinema offers insights into different cultures, perspectives, and storytelling styles.
- ◆ **Changing WhatsApp DPs Daily?**  
Call it Digital Identity Management – Branding is everything in today's world—curating an online persona with precision.
- ◆ **Active on Reddit & Twitter?**  
That's Thought Leadership Training – Engaging in meaningful discussions, staying ahead of trends, and building influence.
- ◆ **Music On 24/7?**  
More like Mental Wellness Therapy – Proven to boost focus, reduce stress, and enhance creativity.
- ◆ **Ignoring Calls?**  
No, just Efficient Text-Based Communication – Emails and texts dominate modern professional communication—adapting to the norm.

## Bonus:

Procrastinating? Nope, Strategic Creativity in Progress –Great ideas need space to develop—letting the subconscious do the work.

## FOUR-WAY TEST

**THE FOUR-WAY TEST**  
Of the things we think, say or do

- First** Is it the **TRUTH**?
- Second** Is it **FAIR** to all concerned?
- Third** Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- Fourth** Will it be **BENEFICIAL** to all concerned?

Shagunika A. Uirchik  
4th President 2024-25

Tushar Shah  
District Governor 2024-25

## IMPORTANT LINKS

